



IMPORTANT:

- **It is highly recommended that you contact your insurance and ask for your benefits. Take the necessary steps needed to ensure that your procedure is covered. If prior authorization is needed please notify the office.**
- DO NOT TAKE Advil, Ibuprofen, Aleve, Naproxen, Motrin, or Vitamins containing iron two (2) days prior to the procedure.
- Aspirin and compounds containing aspirin MAY BE TAKEN up to the day of the procedure.
- If you are taking blood thinners such as Coumadin, Eliquis, Pradaxa, Xarelto or Plavix please contact your primary doctor, Cardiologist or Neurologist about stopping these medications. Ideally these medications should be stopped three (3) days prior to the procedure.
- If rescheduling or canceling of your appointment is necessary, please do so at least three (3) days prior to the date of your scheduled procedure.
- Please keep in mind that no appointment is guaranteed. If schedule changes were to occur, we will notify you as soon as possible.

HOW TO PREPARE FOR YOUR PROCEDURE

- Nothing to eat for 6 hours prior to your procedure.
- You may drink clear liquids up to 2 hours before the procedure if needed.

THE DAY OF YOUR PROCEDURE:

- I. Please take your heart, blood pressure, seizure, asthma, thyroid, anti-anxiety, acid reflux medication with a small sip of water (if normally taken in the morning). Do not take diabetes medication or insulin.
- II. For the procedure, sedation will be administered intravenously.
- III. In all situations: YOU MUST HAVE SOMEONE ACCOMPANY YOU HOME. This also applies to patients using the Care Van program through the hospital. You cannot drive yourself home or walk home.
- IV. IF YOU DON'T RECEIVE CONFIRMATION FROM THE HOSPITAL OR THE ENDOSCOPY CENTER THE DAY BEFORE YOUR SCHEDULED PROCEDURE, CALL OUR OFFICE TO CONFIRM TIME, DATE AND LOCATION

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Northwest Community Hospital
880 W. Central Road
(2nd Flr. Busse Center)
Arlington Heights, IL 60005

Des Plaines Endoscopy Center
150 N. River Road, Suite 215
Des Plaines, IL 60016

Lutheran General Hospital
1775 Dempster St.
(Main Entrance/Registration)
Park Ridge, IL 60068